

# 5 Minute Pumpkin Pie Oatmeal

Pumpkin Pie!? For breakfast! Yes! Enjoy this guilt free pumpkin pie oatmeal for breakfast and enjoy the rich flavor of fall! This gluten free and healthy choice breakfast will have you full till lunch time!

$\frac{1}{4}$  cup of pumpkin puree

1 cup of dried oatmeal

1  $\frac{3}{4}$  cup almond milk

$\frac{1}{2}$  tsp cinnamon

$\frac{1}{2}$  tsp pumpkin pie seasoning

1 tsp of vanilla extract

Place the almond milk and oatmeal on medium stove heat till it boils. Stir occasionally. Once it comes to a boil, turn down heat and mix in all the rest of the ingredients. Stir well and cook on low till it comes to the consistency you like. Place a serving in a bowl, and top with pecans, some maple syrup, splash of milk, and a dash of pumpkin spice!