

# Country Fried Chicken

6 Boneless Skinless Chicken Breast cut into strips

Salt and Pepper

McCormick's Chicken Seasoning

Place the chicken in a zip lock bag, and put as much seasoning on it as you would like. Shake bag around good to make sure chicken is seasoned well. Place in refrigerator at least 3 hours or more.

(If you don't have time for that, it's ok. It just helps give the chicken a stronger seasoned taste!)

Heat iron skillet with vegetable oil, then start to prepare chicken will oil is heating up.

Get a large bowl with a cup of flour. Place 3 to 4 pieces at a time and coat well with flour, and place chicken in skillet, but don't crowd.

Fry until golden brown, and center of chicken is done.

About 10-15 minutes, depending on how thick your pieces are cut.