

# Creamy Chicken and Wild Rice Soup

*Hot Soups and Cold Winters Nights; this is just what you need!*

## **Creamy Chicken and Wild Rice Soup**

3 cups of cooked, seasoned chicken breast (well seasoned)

$\frac{1}{2}$  cup chopped onion

2 stalks of chopped celery

1 medium carrot, shredded or chopped

$\frac{1}{2}$  stick of butter

2 tsp garlic

32oz chicken broth

$\frac{3}{4}$  cup wild rice

$\frac{1}{4}$  tsp of salt and pepper

$\frac{1}{3}$  cup heavy cream

$\frac{1}{2}$  cup milk

In a large saucepan, saute the onion, carrot and celery in butter until tender. Then add the garlic, let simmer 2-3 minutes. Gradually add broth. Stir in the rice, salt and pepper. Bring to a boil over medium heat; covered, cook and stir for 15 minutes or until thickened. Add chicken. Stir in milk and heavy cream; cook and simmer 20 minutes to let all the flavors get through the soup. Trust me, it was even better after the simmer time. Enjoy!